

Dover Area High School
"Committed to Excellence"

Relay Top Times

Dover Area High School [DAHS] Coach: Richard Janosky

Number of Top Times: 50 Show Yards Only

Time	P/F/S	Relay			
Girls Senior 200 Free Relay					
1	1:39.53 Y	P	A Relay	3/12/2014	AAA Girls State Championships 2014
			Rachel C. Spaulding (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
2	1:40.25 Y	F	A Relay	3/2/2012	District 3 AAA Championships 2012
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
			Summer A. Dacheux (SR)		Shea L. Beierschmitt (SR) Allie Aspey (AL)
3	1:40.44 Y	F	A Relay	3/4/2011	District 3 AAA Championships 2011
			Courtney Dacheux (AL)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
3	1:40.44 Y	F	A Relay	3/4/2011	District 3 AAA Championships 2011
			Courtney Dacheux (AL)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
5	1:41.04 Y	F	A Relay	2/11/2016	YAIAA Championships 2016
			Annie Long (SO)		Lindsay C. Brenneman (SR) Grace A. Beierschmitt (SO)
6	1:41.13 Y	F	A Relay	3/12/1993	PIAA Championships
7	1:41.22 Y	F	A Relay	3/4/2016	2016 PIAA District 3 Girls AAA Championships
			Annie Long (SO)		Maddi M. Hetrick (JR) Grace A. Beierschmitt (SO)
8	1:41.69 Y	F	A Relay	3/5/1993	District III Championships
9	1:41.90 Y	F	A Relay	1/17/2013	York Suburban 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
10	1:42.20 Y	F	A Relay	2/16/1991	YCIAA Championships
			Hannah Duttera (AL)		Portia Kreiger (AL) Sharon Morley (GR)
11	1:42.38 Y	F	B Relay	2/9/2012	York Suburban 2012
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
12	1:42.96 Y	F	A Relay	2/27/2015	District 3 Girls AAA Championships 2015
			Maddi M. Hetrick (JR)		Allie Aspey (AL) Lindsay C. Brenneman (SR)
			Emily T. Spaulding (AL)		Jessica Lindsay (AL) Anna Becker (JR)
13	1:43.36 Y	F	A Relay	2/17/2012	YAIAA Championships 2012
			Mia R. Becker (SR)		Bree A. Link (GR) Nicole R. Smith (SR)
			Aniella F. Janosky (GR)		Shea L. Beierschmitt (SR) Morgan Staub (AL)
14	1:43.45 Y	F	A Relay	1/3/1991	Dover Vs. Dallastown
			Hannah Duttera (AL)		Portia Kreiger (AL) Sharon Morley (GR)
15	1:43.48 Y	F	A Relay	2/15/2013	YAIAA Championships 2013
			Rachel C. Spaulding (SR)		Shea L. Beierschmitt (SR) Mia R. Becker (SR)
			Aniella F. Janosky (GR)		Nicole R. Smith (SR) Emily T. Spaulding (AL)
16	1:43.49 Y	F	A Relay	2/28/1997	Distict III Championships
			Erin March (AL)		Evie Slothower (AL) Erin Taylor (AL)
17	1:43.53 Y	F	A Relay	1/16/2014	York Suburban 2014
			Rachel C. Spaulding (SR)		Mia R. Becker (SR) Nicole R. Smith (SR)
18	1:43.56 Y	F	A Relay	1/23/1991	Dover Vs. Hempfield
			Hannah Duttera (AL)		Emily Rosier (AL) Sharon Morley (GR)
19	1:43.57 Y	F	A Relay	2/6/2014	Northeastern 2014
			Rachel C. Spaulding (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
20	1:43.59 Y	F	A Relay	2/5/2015	YAIAA Championships 2015
			Maddi M. Hetrick (JR)		Allie Aspey (AL) Lindsay C. Brenneman (SR)
			Anna Becker (JR)		Hannah G. Riddle (SR) Emily T. Spaulding (AL)
21*	1:43.61 Y	F	A Relay	12/21/2012	Spring Grove 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
21*	1:43.61 Y	F	A Relay	12/13/2012	Dallastown 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
23	1:43.64 Y	F	A Relay	12/21/1990	Dover Eagle Invitational
24	1:43.71 Y	F	A Relay	12/30/2013	2013 Big Spring Invitational
			Rachel C. Spaulding (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
25	1:43.81 Y	F	A Relay	3/5/1994	District III Championships

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Time	P/F/S	Relay				
26	1:43.86 Y	F	A Relay		2/11/1993	Dover Vs. York Suburban
			Jonda Draucker (AL)	Kelly Gross (AL)		Shannon Gross (AL) Angie Jacobs (AL)
27	1:43.87 Y	F	A Relay		2/7/1991	Dover Vs. Northeastern
			Hannah Duttera (AL)	Sarah Duttera (AL)		Portia Kreiger (AL) Sharon Morley (GR)
28	1:43.97 Y	F	A Relay		1/30/2014	Susquehannock 2014
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
29	1:44.00 Y	F	A Relay		12/20/1990	Dover Vs. York Suburban
			Hannah Duttera (AL)	Sarah Duttera (AL)		Portia Kreiger (AL) Sharon Morley (GR)
30	1:44.01 Y	F	A Relay		1/24/2013	West York 2013
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
31	1:44.12 Y	F	A Relay		2/2/2012	New Oxford 2012
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
32	1:44.42 Y	F	A Relay		1/3/2013	South Western 2013
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
33	1:44.51 Y	F	A Relay		2/25/2000	District 3 Championships 2000
			Quinn Miller (AL)	Megan Melhorn (AL)		Carrie Lane (AL) Erin Taylor (AL)
34	1:44.53 Y	F	A Relay		1/31/2013	Susquehannock 2013
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
35	1:44.55 Y	F	A Relay		2/24/1995	District III Championships
36	1:44.62 Y	F	A Relay		3/9/1995	PIAA State Championships
37	1:44.65 Y	F	A Relay		1/13/2011	West York 2011
			Rachel C. Spaulding (SR)	Courtney Dacheux (AL)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
38	1:44.66 Y	F	A Relay		12/17/2012	Cedar Cliff 2013
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
39	1:44.67 Y	F	A Relay		1/20/2011	Susquehannock 2011
			Rachel C. Spaulding (SR)	Courtney Dacheux (AL)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
40	1:44.71 Y	F	A Relay		2/27/1998	District III Championships
			Erin March (AL)	Quinn Miller (AL)		Erin Taylor (AL) Carrie Lane (AL)
41	1:44.75 Y	F	A Relay		2/3/2011	New Oxford 2011
			Rachel C. Spaulding (SR)	Courtney Dacheux (AL)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
42	1:44.79 Y	F	A Relay		3/1/1996	District III Championships
			Kelly Gross (AL)	Erin March (AL)		Beth Milford (AL) Evie Slothower (AL)
43	1:44.84 Y	F	A Relay		12/29/1990	Carlisle Invitational
44	1:44.86 Y	F	A Relay		12/5/1996	Dover Vs. Southwestern
			Erin March (AL)	Quinn Miller (AL)		Evie Slothower (AL) Erin Taylor (AL)
45	1:44.91 Y	F	A Relay		2/10/2011	York Suburban 2011
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
46	1:44.92 Y	F	A Relay		12/6/2013	2013 Eagle Invitational
			Morgan Staub (AL)	Mia R. Becker (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
47	1:45.02 Y	F	A Relay		2/18/2011	YAIAA Championships 2011
			Rachel C. Spaulding (SR) Aniella F. Janosky (GR)	Amber Yeager (AL) Courtney Dacheux (AL)		Summer A. Dacheux (SR) Mia R. Becker (SR) Nicole R. Smith (SR) Shea L. Beierschmitt (SR)
48	1:45.09 Y	F	A Relay		2/14/1997	1997 YAIAA Championships
			Erin March (AL)	Quinn Miller (AL)		Evie Slothower (AL) Erin Taylor (AL)
49	1:45.10 Y	F	A Relay		12/18/2013	Spring Grove 2014
			Rachel C. Spaulding (SR)	Mia R. Becker (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
50	1:45.92 Y	F	A Relay		1/29/2011	South Western Relays 2011
			Nicole R. Smith (SR)	Rachel C. Spaulding (SR)		Summer A. Dacheux (SR) Aniella F. Janosky (GR)

Girls Senior 200 Back Relay

1	1:56.97 Y	F	A Relay		1/26/2013	South Western Relays 2013
			Shea L. Beierschmitt (SR)	Aniella F. Janosky (GR)		Nicole R. Smith (SR) Summer A. Dacheux (SR)

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Time	P/F/S	Relay			
10	2:45.70 Y	F	B Relay	1/29/2011	South Western Relays 2011
	Ashley M. Barley (GR)		Katie E. Diehl (AL)	Lindsay B. Miller (JR)	Sarah E. Spaulding (AL)
11	2:52.68 Y	F	B Relay	1/26/2013	South Western Relays 2013
	Caitlin N. Mendel (JR)		Ashley M. Barley (GR)	Claudia Bollinger (AL)	Kyra R. Shoemaker (AL)
12	2:57.03 Y	F	B Relay	1/25/2014	South Western Relays 2014
	Claudia Bollinger (AL)		Sadie M. Glatfelter (SR)	Shelby Kent (AL)	Mackenzie Patterson (FR)
13	x 2:57.45 Y	F	C Relay	1/25/2014	South Western Relays 2014
	Hannah G. Riddle (SR)		Jessica Lindsay (AL)	Madi Herman (AL)	Kathryn Arnold (AL)
14	3:00.99 Y	F	B Relay	1/30/2016	South Western Relays
	Caroline E. Bradbury (SR)		Hannah A. Williams (SR)	Alison L. Murray (SR)	Erin E. Sterner (SO)
15	3:12.24 Y	F	B Relay	1/30/2010	South Western Relays 2010
	Hannah Huss (SO)		Courtney Henley (SR)	Tara Brown (JR)	Ashley M. Barley (GR)
Girls Senior 200 Fly Relay					
1	1:54.11 Y	F	A Relay	1/26/2013	South Western Relays 2013
	Nicole R. Smith (SR)		Shea L. Beierschmitt (SR)	Summer A. Dacheux (SR)	Aniella F. Janosky (GR)
2	1:55.68 Y	F	A Relay	1/25/2014	South Western Relays 2014
	Shea L. Beierschmitt (SR)		Summer A. Dacheux (SR)	Nicole R. Smith (SR)	Rachel C. Spaulding (SR)
3	1:55.85 Y	F	B Relay	1/26/2008	Southwestern Relays 2008
	Christy Cashman (SR)		Devon Gorman (AL)	Megan Garner (AL)	Haley Miller (AL)
4	1:57.79 Y	F	C Relay	1/27/2007	Southwestern Relays 2007
	Hope Williams (JR)		Christy Cashman (SR)	Megan Garner (AL)	Haley Miller (AL)
5	1:59.03 Y	F	A Relay	1/26/2008	Southwestern Relays 2008
	Christina Janosky (SR)		Sarah Evans (AL)	Devon Gorman (AL)	Christy Cashman (SR)
6	2:02.16 Y	F	A Relay	1/29/2011	South Western Relays 2011
	Summer A. Dacheux (SR)		Mia R. Becker (SR)	Amber Yeager (AL)	Rachel C. Spaulding (SR)
7	2:11.98 Y	F	A Relay	1/24/2015	South Western Relays 2015
	Sophie E. Barnes (JR)		Claudia Bollinger (AL)	Jessica Lindsay (AL)	Emily T. Spaulding (AL)
8	2:14.59 Y	F	D Relay	1/27/2007	Southwestern Relays 2007
	Kaila Folk (AL)		Abbie Greenfield (SR)	Kaci Sudano (SR)	Becky Woods (AL)
9	2:18.89 Y	F	B Relay	1/26/2013	South Western Relays 2013
	Bari Boyd (GR)		Caitlin N. Mendel (JR)	Emily T. Spaulding (AL)	Kyra R. Shoemaker (AL)
10	2:19.23 Y	F	B Relay	1/25/2014	South Western Relays 2014
	Mikala R. Arnold (SR)		Claudia Bollinger (AL)	Jessica Lindsay (AL)	Emily T. Spaulding (AL)
11	2:24.73 Y	F	B Relay	1/29/2011	South Western Relays 2011
	Bari Boyd (GR)		Caitlin N. Mendel (JR)	Mary Schultz (AL)	Sarah E. Spaulding (AL)
12	2:28.18 Y	F	B Relay	1/24/2015	South Western Relays 2015
	Madi Herman (AL)		Shelby Kent (AL)	Alison L. Murray (SR)	Kyra R. Shoemaker (AL)
13	x 2:34.88 Y	F	C Relay	1/25/2014	South Western Relays 2014
	Kathryn Arnold (AL)		Alison L. Murray (SR)	Mackenzie Patterson (FR)	Allyson M. Swords (SR)
14	2:35.29 Y	F	B Relay	1/30/2010	South Western Relays 2010
	Rachel Thomas (SO)		Ashley M. Barley (GR)	Sarah E. Spaulding (AL)	Kaci Sudano (SR)
15	x 2:40.35 Y	F	C Relay	1/24/2015	South Western Relays 2015
	Anna Becker (JR)		Raychel Dashnaw (FR)	Emma G. Long (SR)	Kathryn Arnold (AL)
16	2:43.34 Y	F	B Relay	1/30/2016	South Western Relays
	Hannah G. Riddle (SR)		Alison L. Murray (SR)	Hannah A. Williams (SR)	Erin E. Sterner (SO)
Girls Senior 200 Medley Relay					
1	1:50.29 Y	F	A Relay	2/15/2013	YAIAA Championships 2013
	Summer A. Dacheux (SR)		Bree A. Link (GR)	Aniella F. Janosky (GR)	Nicole R. Smith (SR)
	Rachel C. Spaulding (SR)		Mia R. Becker (SR)	Allie Aspey (AL)	Shea L. Beierschmitt (SR)

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Time	P/F/S	Relay			
2	1:50.42 Y	F	A Relay	3/2/2012	District 3 AAA Championships 2012
			Summer A. Dacheux (SR) Mia R. Becker (SR)	Bree A. Link (GR) Rachel C. Spaulding (SR)	Aniella F. Janosky (GR) Shea L. Beierschmitt (SR) Nicole R. Smith (SR) Katie E. Diehl (AL)
3	1:51.55 Y	F	A Relay	2/17/2012	YAIAA Championships 2012
			Summer A. Dacheux (SR) Mia R. Becker (SR)	Bree A. Link (GR) Nicole R. Smith (SR)	Aniella F. Janosky (GR) Morgan Staub (AL) Rachel C. Spaulding (SR) Shea L. Beierschmitt (SR)
4	1:51.61 Y	F	A Relay	3/4/2011	District 3 AAA Championships 2011
			Nicole R. Smith (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Courtney Dacheux (AL)
4	1:51.61 Y	F	A Relay	3/4/2011	District 3 AAA Championships 2011
			Nicole R. Smith (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Courtney Dacheux (AL)
6	1:52.05 Y	F	A Relay	2/18/2012	YAIAA Championships 2012
			Nicole R. Smith (SR) Amber Yeager (AL)	Bree A. Link (GR) Summer A. Dacheux (SR)	Aniella F. Janosky (GR) Rachel C. Spaulding (SR) Courtney Dacheux (AL) Mia R. Becker (SR)
7	1:52.32 Y	F	A Relay	3/14/2012	AAA State Championships 2012
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Nicole R. Smith (SR)
8	1:52.41 Y	F	A Relay	3/19/2010	AA State Championships 2010
			Christina Janosky (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Courtney Dacheux (AL)
9	1:52.82 Y	F	B Relay	2/9/2012	York Suburban 2012
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Rachel C. Spaulding (SR)
10	1:53.69 Y	F	A Relay	3/14/2008	AA State Championships 2008
			Christina Janosky (SR)	Sarah Evans (AL)	Haley Miller (AL) Christy Cashman (SR)
11	1:54.80 Y	F	A Relay	3/4/2016	2016 PIAA District 3 Girls AAA Championships
			Danica M. Brickley (SO)	Grace A. Beierschmitt (SO)	Lindsay C. Brenneman (SR) Maddi M. Hetrick (JR)
12	1:55.85 Y	F	A Relay	1/24/2013	West York 2013
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Nicole R. Smith (SR)
13	1:56.11 Y	F	A Relay	1/5/2013	Arctic Swim Classic 2013
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Nicole R. Smith (SR)
14	1:56.23 Y	F	A Relay	2/7/2013	Northeastern 2013
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Nicole R. Smith (SR)
15	1:56.26 Y	F	A Relay	1/23/2014	West York 2014
			Summer A. Dacheux (SR)	Rachel C. Spaulding (SR)	Shea L. Beierschmitt (SR) Nicole R. Smith (SR)
16	1:56.33 Y	F	A Relay	2/11/2016	YAIAA Championships 2016
			Danica M. Brickley (SO)	Grace A. Beierschmitt (SO)	Lindsay C. Brenneman (SR) Maddi M. Hetrick (JR)
17*	1:56.34 Y	F	A Relay	2/27/2009	District 3 AA Championships 2009
			Christina Janosky (SR)	Sarah Evans (AL)	Christy Cashman (SR) Michelle Stern (SR)
17*	1:56.34 Y	F	A Relay	2/15/2008	YAIAA Championships 2008
			Christina Janosky (SR) Christy Cashman (SR)	Sarah Evans (AL) Kaila Folk (AL)	Haley Miller (AL) Michelle Stern (SR) Courtney Dacheux (AL) Megan Garner (AL)
19	1:56.45 Y	F	A Relay	2/1/2007	York Suburban 2007
			Christina Janosky (SR)	Sarah Evans (AL)	Haley Miller (AL) Devon Gorman (AL)
20	1:56.58 Y	F	A Relay	2/16/2007	YAIAA Championships 2007
			Christina Janosky (SR) Melissa Rubritz (SO)	Sarah Evans (AL) Amy Smyser (AL)	Haley Miller (AL) Christy Cashman (SR) Devon Gorman (AL) Kaila Folk (AL)
21	1:56.59 Y	F	A Relay	1/19/2010	Dallastown 2010
			Christina Janosky (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Courtney Dacheux (AL)
22	1:56.62 Y	F	A Relay	2/28/1997	Distict III Championships
			Vanessa Ferree (AL)	Quinn Miller (AL)	Evie Slothower (AL) Erin Taylor (AL)
23	1:56.75 Y	F	A Relay	1/5/2012	Central York 2012
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Rachel C. Spaulding (SR)
24	1:56.80 Y	F	A Relay	2/13/2009	YAIAA Championships 2009
			Christina Janosky (SR) Courtney Dacheux (AL)	Sarah Evans (AL) Devon Gorman (AL)	Christy Cashman (SR) Monica Rubritz (SR) Michelle Stern (SR) Abbie Greenfield (SR)
25	1:56.81 Y	F	A Relay	2/19/1993	YAIAA Championships

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26	1:56.85 Y	F	A Relay		1/17/2013 York Suburban 2013
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Shea L. Beierschmitt (SR) Mia R. Becker (SR)
27	1:56.87 Y	F	A Relay		2/27/1998 District III Championships
			Vanessa Ferree (AL)	Erin March (AL)	Quinn Miller (AL) Erin Taylor (AL)
28	1:56.90 Y	F	A Relay		2/19/2010 YAIAA Championships 2010
			Christina Janosky (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Courtney Dacheux (AL)
			Christy Cashman (SR)	Amber Yeager (AL)	Kaci Sudano (SR) Lindsay B. Miller (JR)
29	1:56.91 Y	F	A Relay		11/30/2007 2007 Eagle Invitational
			Christina Janosky (SR)	Sarah Evans (AL)	Haley Miller (AL) Christy Cashman (SR)
30	1:56.95 Y	F	A Relay		2/25/2000 District 3 Championships 2000
			Erin Taylor (AL)	Danielle Spangler (AL)	Lindsay Taylor (JR) Quinn Miller (AL)
31*	1:56.99 Y	F	A Relay		1/31/2013 Susquehannock 2013
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Nicole R. Smith (SR)
31*	1:56.99 Y	F	A Relay		12/5/2008 2008 Eagle Invitational
			Christina Janosky (SR)	Sarah Evans (AL)	Christy Cashman (SR) Courtney Dacheux (AL)
33	1:57.06 Y	F	A Relay		2/7/2008 Dallastown 2008
			Christina Janosky (SR)	Sarah Evans (AL)	Haley Miller (AL) Courtney Dacheux (AL)
34	1:57.20 Y	F	B Relay		12/15/2009 Northern 2010
			Christina Janosky (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Courtney Dacheux (AL)
35	1:57.25 Y	F	A Relay		1/14/2010 West York 2010
			Christina Janosky (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Christy Cashman (SR)
36	1:57.32 Y	F	A Relay		12/12/2013 Dallastown 2014
			Summer A. Dacheux (SR)	Allie Aspey (AL)	Lindsay C. Brenneman (SR) Nicole R. Smith (SR)
37	1:57.33 Y	F	A Relay		12/6/2007 Northeastern 2008
			Christina Janosky (SR)	Sarah Evans (AL)	Haley Miller (AL) Devon Gorman (AL)
38	1:57.34 Y	F	A Relay		1/10/2008 Central York 2008
			Christina Janosky (SR)	Sarah Evans (AL)	Christy Cashman (SR) Haley Miller (AL)
39*	1:57.36 Y	F	A Relay		12/20/1990 Dover Vs. York Suburban
			Hannah Duttera (AL)	Sarah Duttera (AL)	Carrie Matson (AL) Emily Rosier (AL)
39*	1:57.36 Y	F	A Relay		2/28/2003 District 3 Championships 2003
			Breyanna GEPFER (AL)	Danielle Spangler (AL)	Jessica Conklin (AL) Dessie Henning (AL)
41	1:57.46 Y	F	A Relay		1/30/2014 Susquehannock 2014
			Summer A. Dacheux (SR)	Rachel C. Spaulding (SR)	Lindsay C. Brenneman (SR) Nicole R. Smith (SR)
42	1:57.47 Y	F	A Relay		12/15/2011 Red Lion 2012
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Rachel C. Spaulding (SR)
43	1:57.51 Y	F	A Relay		2/5/2015 YAIAA Championships 2015
			Maddi M. Hetrick (JR)	Allie Aspey (AL)	Lindsay C. Brenneman (SR) Morgan Staub (AL)
			Sophie E. Barnes (JR)	Anna Becker (JR)	Kyra R. Shoemaker (AL) Emily T. Spaulding (AL)
44	1:57.55 Y	F	A Relay		2/2/2012 New Oxford 2012
			Summer A. Dacheux (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Nicole R. Smith (SR)
45	1:57.59 Y	F	B Relay		1/2/2008 Northern 2008
			Christina Janosky (SR)	Sarah Evans (AL)	Haley Miller (AL) Devon Gorman (AL)
46	1:57.63 Y	F	A Relay		12/21/2006 Spring Grove 2007
			Christina Janosky (SR)	Sarah Evans (AL)	Haley Miller (AL) Devon Gorman (AL)
47*	1:57.65 Y	F	A Relay		1/31/2008 York Suburban 2008
			Christina Janosky (SR)	Sarah Evans (AL)	Haley Miller (AL) Courtney Dacheux (AL)
47*	1:57.65 Y	F	A Relay		12/11/2009 2009 Eagle Invitational
			Christina Janosky (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Courtney Dacheux (AL)
49	1:57.79 Y	F	A Relay		1/24/2008 Susquehannock 2008
			Christina Janosky (SR)	Sarah Evans (AL)	Haley Miller (AL) Christy Cashman (SR)
50	1:59.41 Y	F	A Relay		1/29/2011 South Western Relays 2011
			Nicole R. Smith (SR)	Bree A. Link (GR)	Aniella F. Janosky (GR) Rachel C. Spaulding (SR)

Dover Area High School
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Relay Top Times

Dover Area High School [DAHS] Coach: Richard Janosky

Number of Top Times: 50 Show Yards Only

Time	P/F/S	Relay			
Girls Senior 400 Free Relay					
1	1:39.23 Y	F	C Relay	1/18/1996	Dover Vs. Northeastern
			Leslie Bannister (GR)		Holly Brinton (AL) Lauren Jacobs (GR)
2	3:33.74 Y	F	A Relay	3/2/1990	PIAA State Championships 1990
3	3:36.08 Y	P	A Relay	3/13/2013	AAA Girls State Championships 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
4	3:36.40 Y	F	A Relay	2/15/2013	YAIAA Championships 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
			Morgan Staub (AL)		Mia R. Becker (SR) Bree A. Link (GR)
5	3:37.73 Y	F	A Relay	2/24/1990	PIAA District 3 Championships
6	3:37.96 Y	F	A Relay	2/18/2011	YAIAA Championships 2011
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
			Mia R. Becker (SR)		Amber Yeager (AL) Shea L. Beierschmitt (SR)
7	3:38.34 Y	F	A Relay	3/4/2011	District 3 AAA Championships 2011
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
7	3:38.34 Y	F	A Relay	3/4/2011	District 3 AAA Championships 2011
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
9	3:38.62 Y	F	A Relay	3/2/2012	District 3 AAA Championships 2012
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
			Summer A. Dacheux (SR)		Morgan Staub (AL) Bree A. Link (GR)
10	3:39.18 Y	F	A Relay	12/21/1989	Dover Vs. York Suburban
			Hannah Duttera (AL)		Rhonda Funk (AL) Becky Krone (AL)
11	3:39.44 Y	F	A Relay	2/10/1990	YCIAA Championships 1990
12	3:40.30 Y	F	A Relay	2/17/2012	YAIAA Championships 2012
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
			Summer A. Dacheux (SR)		Shea L. Beierschmitt (SR) Morgan Staub (AL)
13	3:40.44 Y	F	A Relay	3/18/2011	AAA State Championships 2011
			Aniella F. Janosky (GR)		Courtney Dacheux (AL) Rachel C. Spaulding (SR)
14	3:41.31 Y	F	A Relay	1/17/2013	York Suburban 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
15	3:41.99 Y	F	A Relay	1/18/1990	Dover Vs. Southwestern
			Rhonda Funk (AL)		Hannah Duttera (AL) Becky Krone (AL)
16	3:42.42 Y	F	A Relay	3/14/2008	AA State Championships 2008
			Christina Janosky (SR)		Courtney Dacheux (AL) Haley Miller (AL)
17	3:43.40 Y	F	A Relay	3/19/2010	AA State Championships 2010
			Christina Janosky (SR)		Courtney Dacheux (AL) Aniella F. Janosky (GR)
18	3:43.47 Y	F	A Relay	3/5/1993	District III Championships
19	3:43.67 Y	F	A Relay	1/26/2013	South Western Relays 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
20	3:44.32 Y	F	A Relay	12/21/2012	Spring Grove 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
21	3:44.42 Y	F	A Relay	1/31/2013	Susquehannock 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
22	3:44.85 Y	F	A Relay	3/12/1993	PIAA Championships
23	3:44.99 Y	F	A Relay	12/30/1989	Carlisle Invitational
			Rhonda Funk (AL)		Hannah Duttera (AL) Sarah Duttera (AL) Becky Krone (AL)
24	3:45.07 Y	F	A Relay	1/25/1990	Dover Vs. William Penn
			Rhonda Funk (AL)		Sarah Duttera (AL) Becky Krone (AL)
25	3:45.08 Y	F	A Relay	1/5/2013	Arctic Swim Classic 2013
			Rachel C. Spaulding (SR)		Nicole R. Smith (SR) Aniella F. Janosky (GR)
26	3:45.18 Y	F	A Relay	12/30/2013	2013 Big Spring Invitational
			Rachel C. Spaulding (SR)		Summer A. Dacheux (SR) Nicole R. Smith (SR)
					Lindsay C. Brennehan (SR)

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Relay Top Times

Dover Area High School [DAHS] Coach: Richard Janosky

Number of Top Times: 50 Show Yards Only

Time	P/F/S	Relay			
27	3:45.22 Y	F	A Relay	2/19/2010	YAIAA Championships 2010
	Christina Janosky (SR)		Christy Cashman (SR)		Courtney Dacheux (AL)
	Bree A. Link (GR)		Amber Yeager (AL)		Lindsay B. Miller (JR)
28	3:45.38 Y	F	A Relay	3/8/1991	PIAA State Championships
29	3:45.72 Y	F	C Relay	1/23/1990	Dover Vs. Northeastern
	Rhonda Funk (AL)		Sarah Duttera (AL)		Hannah Duttera (AL)
30	3:45.87 Y	F	A Relay	12/13/2012	Dallastown 2013
	Rachel C. Spaulding (SR)		Summer A. Dacheux (SR)		Nicole R. Smith (SR)
31	3:46.12 Y	F	A Relay	1/30/2014	Susquehannock 2014
	Rachel C. Spaulding (SR)		Lindsay C. Brenneman (SR)		Summer A. Dacheux (SR)
32	3:46.32 Y	F	A Relay	1/24/2013	West York 2013
	Rachel C. Spaulding (SR)		Summer A. Dacheux (SR)		Nicole R. Smith (SR)
33	3:46.33 Y	F	A Relay	2/16/1991	YCIAA Championships
	Hannah Duttera (AL)		Sarah Duttera (AL)		Portia Kreiger (AL)
34	3:46.37 Y	F	A Relay	12/21/1990	Dover Eagle Invitational
35	3:46.44 Y	F	A Relay	1/13/2011	West York 2011
	Rachel C. Spaulding (SR)		Courtney Dacheux (AL)		Nicole R. Smith (SR)
36	3:46.48 Y	F	A Relay	1/25/2014	South Western Relays 2014
	Mia R. Becker (SR)		Summer A. Dacheux (SR)		Rachel C. Spaulding (SR)
37	3:46.66 Y	F	A Relay	3/2/1991	District III Championships
	Hannah Duttera (AL)		Paula Anderson (AL)		Portia Kreiger (AL)
38	3:46.72 Y	F	A Relay	1/16/2014	York Suburban 2014
	Rachel C. Spaulding (SR)		Lindsay C. Brenneman (SR)		Summer A. Dacheux (SR)
39	3:46.88 Y	F	A Relay	1/4/1990	Dover Vs. Dallastown
	Hannah Duttera (AL)		Rhonda Funk (AL)		Becky Krone (AL)
40	3:47.03 Y	F	A Relay	2/6/2014	Northeastern 2014
	Rachel C. Spaulding (SR)		Lindsay C. Brenneman (SR)		Summer A. Dacheux (SR)
41	3:47.06 Y	F	A Relay	1/20/2011	Susquehannock 2011
	Rachel C. Spaulding (SR)		Courtney Dacheux (AL)		Nicole R. Smith (SR)
42	3:47.11 Y	F	A Relay	2/27/2009	District 3 AA Championships 2009
	Christina Janosky (SR)		Courtney Dacheux (AL)		Christy Cashman (SR)
43	3:47.81 Y	F	A Relay	12/6/2013	2013 Eagle Invitational
	Rachel C. Spaulding (SR)		Morgan Staub (AL)		Summer A. Dacheux (SR)
44	3:47.83 Y	F	A Relay	2/7/2013	Northeastern 2013
	Rachel C. Spaulding (SR)		Summer A. Dacheux (SR)		Nicole R. Smith (SR)
45	3:47.89 Y	F	A Relay	2/19/1993	YAIAA Championships
46	3:47.96 Y	F	A Relay	2/27/1998	District III Championships
	Carrie Lane (AL)		Erin March (AL)		Quinn Miller (AL)
47	3:48.11 Y	F	A Relay	2/7/2008	Dallastown 2008
	Christina Janosky (SR)		Christy Cashman (SR)		Courtney Dacheux (AL)
48	3:48.13 Y	F	A Relay	3/5/1994	District III Championships
49	3:48.17 Y	F	A Relay	1/23/1991	Dover Vs. Hempfield
	Hannah Duttera (AL)		Sarah Duttera (AL)		Portia Kreiger (AL)
					Emily Rosier (AL)
Girls Senior 400 Medley Relay					
1	4:17.08 Y	F	A Relay	1/27/2007	Southwestern Relays 2007
	Christina Janosky (SR)		Sarah Evans (AL)		Haley Miller (AL)
2	4:18.27 Y	F	A Relay	1/26/2008	Southwestern Relays 2008
	Christina Janosky (SR)		Sarah Evans (AL)		Haley Miller (AL)
3	4:18.38 Y	F	A Relay	1/30/2010	South Western Relays 2010
	Christina Janosky (SR)		Bree A. Link (GR)		Aniella F. Janosky (GR)
4	4:22.00 Y	F	A Relay	1/26/2013	South Western Relays 2013
	Summer A. Dacheux (SR)		Bree A. Link (GR)		Shea L. Beierschmitt (SR)
					Mia R. Becker (SR)

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Dover Area High School [DAHS] Coach: Richard Janosky

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	Time	P/F/S	Relay			
5	4:23.50 Y	F	A Relay		1/26/2013	South Western Relays 2013
	Rachel C. Spaulding (SR)			Bree A. Link (GR)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)
6	4:24.28 Y	F	A Relay		1/29/2011	South Western Relays 2011
	Amber Yeager (AL)			Bree A. Link (GR)	Summer A. Dacheux (SR)	Courtney Dacheux (AL)
7	4:26.11 Y	F	A Relay		1/29/2011	South Western Relays 2011
	Bree A. Link (GR)			Courtney Dacheux (AL)	Nicole R. Smith (SR)	Aniella F. Janosky (GR)
8	4:28.61 Y	F	A Relay		1/30/2010	South Western Relays 2010
	Christina Janosky (SR)			Courtney Dacheux (AL)	Bree A. Link (GR)	Aniella F. Janosky (GR)
9	4:29.87 Y	F	B Relay		1/27/2007	Southwestern Relays 2007
	Lisa Wedsberg (AL)			Sarah Evans (AL)	Devon Gorman (AL)	Haley Miller (AL)
10	4:33.77 Y	F	A Relay		1/26/2008	Southwestern Relays 2008
	Christy Cashman (SR)			Sarah Evans (AL)	Courtney Dacheux (AL)	Devon Gorman (AL)
11	4:35.77 Y	F	A Relay		1/25/2014	South Western Relays 2014
	Morgan Staub (AL)			Allie Aspey (AL)	Shea L. Beierschmitt (SR)	Mia R. Becker (SR)
12	4:37.07 Y	F	B Relay		1/26/2008	Southwestern Relays 2008
	Michelle Stern (SR)			Megan Garner (AL)	Sarah Evans (AL)	Devon Gorman (AL)
13	4:44.31 Y	F	A Relay		1/24/2015	South Western Relays 2015
	Morgan Staub (AL)			Allie Aspey (AL)	Sophie E. Barnes (JR)	Emily T. Spaulding (AL)
14	4:48.25 Y	F	A Relay		1/30/2016	South Western Relays
	Lindsay C. Brenneman (SR)			Danica M. Brickley (SO)	Madelynn G. Kinard (SO)	Kyra R. Shoemaker (AL)
15	4:48.92 Y	F	A Relay		1/25/2014	South Western Relays 2014
	Allie Aspey (AL)			Lindsay C. Brenneman (SR)	Kyra R. Shoemaker (AL)	Emily T. Spaulding (AL)
16	4:52.82 Y	F	A Relay		1/24/2015	South Western Relays 2015
	Allie Aspey (AL)			Claudia Bollinger (AL)	Kyra R. Shoemaker (AL)	Lindsay C. Brenneman (SR)
Girls Senior 500 Free Relay						
1	4:45.67 Y	F	A Relay		1/25/2014	South Western Relays 2014
	Morgan Staub (AL)			Rachel C. Spaulding (SR)	Nicole R. Smith (SR)	Summer A. Dacheux (SR)
	Mia R. Becker (SR)					
2	4:53.80 Y	F	A Relay		1/26/2013	South Western Relays 2013
	Shea L. Beierschmitt (SR)			Mia R. Becker (SR)	Rachel C. Spaulding (SR)	Morgan Staub (AL)
	Bree A. Link (GR)					
3	4:56.14 Y	F	A Relay		1/29/2011	South Western Relays 2011
	Amber Yeager (AL)			Mia R. Becker (SR)	Nicole R. Smith (SR)	Courtney Dacheux (AL)
	Shea L. Beierschmitt (SR)					
4	5:00.35 Y	F	A Relay		1/30/2016	South Western Relays
	Danica M. Brickley (SO)			Grace A. Beierschmitt (SO)	Lindsay C. Brenneman (SR)	Madelynn G. Kinard (SO)
	Emily T. Spaulding (AL)					
5	5:03.48 Y	F	A Relay		1/30/2010	South Western Relays 2010
	Amber Yeager (AL)			Courtney Dacheux (AL)	Christina Janosky (SR)	Christy Cashman (SR)
	Lindsay B. Miller (JR)					
6	5:06.39 Y	F	A Relay		1/24/2015	South Western Relays 2015
	Emily T. Spaulding (AL)			Maddi M. Hetrick (JR)	Lindsay C. Brenneman (SR)	Morgan Staub (AL)
	Allie Aspey (AL)					
7	5:21.88 Y	F	A Relay		1/27/2007	Southwestern Relays 2007
	Lisa Wedsberg (AL)			Hope Williams (JR)	Michelle Stern (SR)	Megan Garner (AL)
	Sam Neidig (JR)					
8	5:39.87 Y	F	A Relay		1/26/2008	Southwestern Relays 2008
	Sarah Shaffer (JR)			Kaila Folk (AL)	Sam Neidig (JR)	Crystal Smith (AL)
	Hope Williams (JR)					